

It Starts with Us

Book Club Questions

1. Consider the two titles of the books in this series, **It Ends with Us** and **It Starts with Us**. What do you think is the significance of the title of the book in each case? What could have been another title for the sequel?
2. **It Starts with Us** picks up where we left off in the first book with our main character, Lily Bloom. How does the first chapter set the pace for the rest of the book?
3. What are the biggest turning points in the book for Lily? What about for Atlas? How does the rest of the book unfold from these turns?
4. Lily's relationship with Ryle, her jealous ex-husband, is made complicated because no matter what he will always be a part of her (and her daughter's) life because of the child they share. How do these difficult circumstances shape Lily's choices?
5. Atlas Corrigan, her first love, enters Lily's life again after a chance encounter, but we learn Atlas had always been preparing for Lily in the back of his mind. In what ways does he create a different world for Lily and her daughter?
6. Some of the first book's favorite characters, Alyssa and Marshall, return in this sequel. What influence do they have on the young woman Lily continues to grow into? How do they help her get a second chance at a new life?
7. How does the fact Lily has the support of her sister and brother-in-law force Ryle to face some naked truths? Do you believe anything will change for him after the intervention Lily, Alyssa, and Marshall hold?

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8. The story is told by alternating between the perspectives of Lily and Atlas. How does that change the tempo, mood, and overall feel of the story?
9. Is there anything in the novel that came as a huge surprise? How about anything you expected to happen but that never did?
10. Atlas and Lily both strongly believe in the idea of true love. How does this belief help them get into a good place in their lives?
11. The story ends with Atlas rereading his wedding vows to Lily. If there was another novel, what do you imagine would go into the next book?
12. **It Starts with Us** was written because Colleen Hoover fans begged, pleaded, and petitioned for another installment to the series. In what ways do you think the fact Hoover never intended to write a sequel influenced the book she ultimately did write? Do you think she made the right decision by acquiescing to her fans? Why or why not?
13. Do you feel the end of the book delivers the happy ending you were expecting? How else could the author have ended the book?
14. Did you have any favorite quotes from **It Starts with Us**? What were they?
15. How does author Colleen Hoover's writing style compare to other books you have read? If you have read other books by her, how does it compare to her others novels?